

**July - September 2018: Incidents of physical interventions and self-harm**

<b>2018</b>	<b>Physical Interventions</b>	<b>Self-harm /attempted self-harm<sup>1</sup></b>
July	5	4
August	3	0
Sept	9	1
<b>Total</b>	<b>17</b>	<b>5</b>

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<sup>1</sup> Self-harm is when someone inflicts physical harm on themselves, often without anyone else knowing. Self-harm is a behaviour that is often the expression of the person's emotional distress. See, HSE, self-harm and young people, available at: <https://www.hse.ie/eng/services/list/4/mental-health-services/nosp/resources/selfharmparents.pdf>