

Jan – June 2018: Incidents of physical interventions and self-harm

2018	Physical Interventions	Self-harm /attempted self-harm ¹
Jan	5	1
Feb	20	2
March	14	0
April	14	1
May	16	2
June	5	1
Total	74	7

Use of protection rooms, 2018

Protection rooms are located in each residential unit.

Oberstown policy is not to use protection rooms to accommodate young people overnight. In line with this policy, during 2018 Oberstown did not accommodate any young people in protection rooms overnight.

¹ Self-harm is when someone inflicts physical harm on themselves, often without anyone else knowing. Self-harm is a behaviour that is often the expression of the person's emotional distress. See, HSE, self-harm and young people, available at: <https://www.hse.ie/eng/services/list/4/mental-health-services/nosp/resources/selfharmparents.pdf>