



MENTAL HEALTH AND SUBSTANCE MISUSE – SHARING APPROACHES

An event hosted by Oberstown

14 June 2018, 4.00pm to 6.00pm

Buswells Hotel, 23-27 Molesworth Street, Dublin.

Research shows that the young people who spend time in Oberstown Children Detention Campus (Oberstown) face significant challenges in the areas of mental health and substance misuse. These young people come from their communities and return there when they leave Oberstown highlighting the importance of integrated approaches between detention and community services.

On June 14, 2018, Oberstown is hosting an event to explore how we can better support young people in these areas in collaboration with community stakeholders and services.

The event will be chaired by Professor Ursula Kilkelly, Chair Oberstown Board of Management and speakers will include Dr Tony Bates, Founding Director of Jigsaw, Tony Geoghegan, CEO and Co-Founder of Merchants Quay Ireland and Dr Sharon Lambert, School of Applied Psychology, UCC. Oberstown's Deputy Director (Care Services), Lena Timoney, will present new data from Oberstown highlighting our young people's complex needs and experience of services and supports.

The aims of the event are to:

- Share the latest information about the profile of young people in Oberstown;
- Outline the latest research on mental health and substance misuse concerns among young people who come into detention;
- Hear from experts in the areas of mental health and substance misuse as to how young people might be better supported in these areas;
- Share knowledge about how to overcome challenges faced by young people and identify known risks;
- Develop relationships between professionals and organisations working in detention and community settings to this end.



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EVENT SCHEDULE

3.30 pm	Registration and Welcome Tea and Coffee on arrival
4.00 pm	Welcome Professor Ursula Kilkelly, Chairperson Board of Management
4.05 pm	An overview of the characteristics of young people in Oberstown and available mental health and substance misuse supports Lena Timoney, Deputy Director (Care Services), Oberstown Children Detention Campus
4.25 pm	Understanding diverse approaches to Mental Health Tony Bates, Founding Director, Jigsaw
4.45 pm	Understanding substance misuse Tony Geoghegan, CEO, Merchants Quay Ireland
5.05 pm	Addiction and mental health: A young person centred approach Dr Sharon Lambert, School of Applied Psychology, University College Cork
5.25 pm	Panel Discussion
5.50 pm	Concluding Remarks from the Chair
6.00pm	Close